



**Directory  
to Wellness/Client-Run Centers  
in Los Angeles County**

**Service Area 1**

**(WC) Antelope Valley  
Mental Health Center (MHC)**  
251 East Avenue K-6,  
Lancaster, 93535  
(661) 223-7800

**(CRC) National Mental  
Health Association**  
1609-G E. Palmdale Blvd.,  
Palmdale 93550  
(661) 947-1595

**(WC) Palmdale MHC**  
1529 E. Palmdale Blvd.,  
Ste. 150, Palmdale 93550  
(661) 575-1800

**Service Area 2**

**(WC) Hillview MHC**  
12450 Van Nuys Blvd., Pacoima 91331  
(818) 896-1161 ext. 271

**(WC) San Fernando MHC**  
10605 Balboa Blvd.,  
Granada Hills, 91344  
(818) 832-6161

**(CRC) San Fernando Valley CMHC**  
14411 Vanowen St., Van Nuys 91405  
(818) 989-7475

**(WC) West Valley MHC**  
7621 Canoga Ave., Canoga Park 91304  
(818) 598-6937

**Service Area 3**

**(WC) Arcadia MHC**  
330 E. Live Oak Ave., Arcadia 91006  
(626) 821-5880

**Bill Compton, Jr. Wellness Center  
Pacific Clinics**  
66 Hulbert, Pasadena 91105  
(626) 441-4221 ext. 319

**(WC) Social Model Recovery System**  
510 S. Second St., Covina 91723  
(626) 332-3145 ext. 241

**Service Area 4**

**(WC) Hollywood MHC**  
1224 Vine St., Los Angeles 90038  
(323) 769-6100

**(WC) Northeast MHC**  
5321 Via Marisol, Los Angeles 90042  
(323) 478-6200

**(CRC) Special Services for Groups**  
2120 W. 8th St., # 210,  
Los Angeles 90057  
(213) 368-1888 ext. 12

**Service Area 5**

**(WC) Edmund D. Edelman  
Westside MHC**  
1900 Westwood Blvd., Los Angeles 90025  
(310) 966-6500

**(CRC) Step Up on Second**  
1328 Second St., Santa Monica 90405  
(310) 394-6889 Ext. 53

**Service Area 6**

**(WC) Compton MHC**  
921 E. Compton Blvd., Compton 90221  
(310) 668-6878

**(WC) Exodus Recovery**  
8401 S. Vermont Ave., Los Angeles 90044  
(323) 789-6492

**(WC) Portals**  
3881 S. Western Ave., Los Angeles 90062  
(626) 254-5003

**(WC) West Central MHC**  
3751 Stocker St., Los Angeles 90008  
(323) 298-3680

**Service Area 7**

**(CRC) California Hispanic Commission**  
10012 Norwalk Blvd., Santa Fe Springs 90670  
(562) 941-2537

**(CRC) Pacific Clinics**  
11731 Telegraph Rd., Santa Fe Springs  
90670 (626) 441-4221 ext. 319

**(WC) Rio Hondo MHC**  
17707 S. Studebaker Rd., Cerritos 90703  
(562) 402-0688

**Service Area 8**

**(WC) Harbor-UCLA Medical Center  
(Children & Adolescents)**  
1000 W. Carson St., Torrance 90509  
(310) 222-2085

**The Wellness Center  
National Mental Health Association**  
1078 Atlantic Ave., Long Beach 90813  
(562) 285-0149

**(WC) San Pedro Mental Health Center**  
150 W. 7th St., San Pedro 90731  
(310) 519-6100

**(WC) South Bay Mental Health Center** 2311  
W. El Segundo Blvd., Hawthorne 90250  
(323) 241-6730

**KEY:**

WC—Wellness Center  
CRC—Client-Run Center

# County of Los Angeles Board of Supervisors



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Los Angeles County Department of Mental Health  
550 South Vermont Avenue, 12th Floor  
Los Angeles, CA 90020

*Mental Health: Hope, Wellness, and Recovery*  
HOPEWELLNESSANDRECOVERY

# Los Angeles County Department of Mental Health



## Mental Health Services Act

## Wellness & Client-Run Centers

**Director  
Marvin J. Southard, D.S.W.**

**Deputy Director  
Cathy Warner, L.C.S.W.**

**“Promoting Community Integration,  
Client Empowerment, Social, Emotional,  
and Physical Well-Being”**

<http://dmh.lacounty.gov>

## **What is the Mental Health Services Act (MHSA)?**

California's voters passed Proposition 63 in the November 2004 General Election. On January 19, 2005, Proposition 63 was signed into law and renamed the Mental Health Services Act (MHSA).

## **What does the MHSA fund?**

Each county in California has or are in the process of developing local plans for new kinds of mental health services. The first of these plans is the Community Services and Supports Plan (CSS). The objective of the CSS Plan is to provide an array of 24-hour/7 days a week services to children, transitional age youth, adults and older adults who needs are not currently met through other funding sources.

## **What is a Wellness/Client-Run Center?**

Wellness/Client-Run Centers provide two new options for adult clients to assist them on the road to recovery from their mental illness.

This brochure will also assist clients in answering questions about the types of activities and services being offered, in addition to how to contact a Wellness/Client-Run Center nearest to them.

<b>Wellness/Client-Run Center Activities and Services</b>	<b>Wellness</b>	<b>Client-Run</b>
<b>Psychiatric Services;</b> medication support services & prescription management	X	
<b>Case Management;</b> support client goals for recovery, plan & coordinate services	X	X
<b>Health Screenings;</b> body mass index, blood pressure, diabetes, cholesterol, etc.	X	
<b>Healthy Living Activities,</b> including recreation, health education, and referral to primary healthcare services	X	X
<b>Peer led Self-help Groups</b>	X	X
<b>Peer Support Services</b>	X	X
<b>Supports for clients with co-occurring disorders</b>	X	X
<b>Linkages and Referrals</b>	X	X
<b>Outreach, Collaboration, and Connection with the Community</b>	X	X

## **Frequently Asked Questions**

### **Q: Who does a Wellness Center serve?**

A: Clients who are stable in treatment and looking to further progress their recovery goals.

### **Q: Who does a Client-Run Center serve?**

A: Any client seeking additional support provided from peers, like support groups.

### **Q: What are Peer Support services?**

A: Peer support can include self-help groups or one-on-one services like mentoring. Through peer support, clients with similar experiences can relate to each other and offer advice, suggestions, and strategies for managing their lives in recovery.

### **Q: How is a Wellness or Client Run Center different than a Mental Health Clinic?**

A: Clients in recovery have an important decision-making role in the management of the Centers. All staff at Client-Run centers and at least 50% of staff at Wellness Centers are consumers in recovery.